

487 -TOBACCO CESSATION

It is the policy of West Park Hospital District to create a healthful environment for patients, residents, employees, and visitors by promoting wellness through consistent identification, documentation, and treatment of every tobacco user seen in the healthcare setting.

Provisions offered to tobacco user.....would include the provision of practical counseling, problem-solving, skills training, social support, and other educational resources, behavioral therapies and pharmaceutical therapies for tobacco cessation. Tobacco cessation education will be presented and instructed by a clinician, who has become a tobacco cessation educator.

Tobacco dependence is a chronic condition that frequently requires repeated intervention. Effective treatment exists that can produce long-term or permanent abstinence. Tobacco dependence treatments are both clinically effective and cost effective.

PROCEDURE: A tobacco cessation program has been established, consisting of weekly sessions for eight consecutive weeks. Each eight week program will consist of:

1. screening and assessment of client
2. practical counseling and behavior therapies with social support
3. pharmaceutical therapy intervention as needed

Because each weekly session builds on the previous week, any new clients referred **after the session has begun** will be enrolled in the next scheduled 8-week program.

All clients must have a physician's referral to enroll in this program.

TOBACCO FREE CAMPUS

PURPOSE:

As a health care organization committed to the health and safety of its employees, patients and visitors, it is West Park Hospital District's (WPHD) responsibility to take a leadership role on the major public health issue of tobacco usage. To promote our commitment to public health and safety and reduce the health and safety risks to our employees, patients and visitors, all WPHD facilities and properties will be tobacco-free environments.

POLICY:

All WPHD facilities and campuses shall be tobacco-free as of November 16, 2006. Specifically, this means the use of tobacco products will not be permitted inside or outside any WPHD facilities or properties. This policy applies regardless of whether a WPHD facility or property is owned, leased or rented and whether or not the owner or other tenants follow similar guidelines.

DEFINITIONS:

"Facilities or Properties" includes, but is not limited to: the hospital, clinics, skilled nursing facilities, office buildings, parking lots, private vehicles on WPHD property and WPHD vehicles.

GUIDELINES:

- I. The sale or use of tobacco products is not permitted at any WPHD facility or WPHD property.
- II. Respectful enforcement of this policy is the responsibility of all WPHD employees, medical staff, students and volunteers.
- III. Failure to adhere to this policy will result in disciplinary action, up to and including, termination.

EMPLOYEES:

- I. Use of tobacco products during all paid time, including breaks, is prohibited.

- II. Use of tobacco products during unpaid meal times if the employee remains on the WPHD campus or any WPHD property is prohibited.
- III. Use of tobacco products during unpaid meal times on properties adjacent to WPHD facilities or properties that are not owned, leased or rented by WPHD is discouraged.
- IV. Wearing a WPHD name badge while using tobacco products is discouraged.

PATIENTS AND VISITORS:

- I. Use of tobacco products during any portion of a WPH inpatient's hospitalization will not be permitted. Patients will be required to communicate with their treating physician to request nicotine replacement products.
- II. CMC inpatients will be allowed to use tobacco in designated tobacco-use areas only with a physician's order. CMC patients who use tobacco in a non-designated area can be discharged from CMC.
- III. Failure to comply with this policy will result in a reminder that WPHD is a smoke-free facility.

HUMAN RESOURCES:

- I. Orients current and new employees to this policy. Candidates for employment will be informed of the policy during the application/interview process.

ADMINISTRATION:

- I. Posts signs at each facility announcing the policy.
- II. Offers, at a reasonable cost to employees and patients, tobacco cessation programs and education to address short-term physical and emotional needs.
- III. Informs the community, patients and visitors of the policy through a multitude of communication methods including WPHD newsletters, WPHD website, payroll staffers, print and electronic media and other employee and/or patient communication vehicles.